



#### Indy Runners and Walkers Presents The Tradition and Quality of Indiana's Oldest Road Race!!!

# SAM COSTA



## Saturday March 24, 2018

9am Race Start

Northview Church Carmel, Indiana

samcosta.com

# HALF MARATHON and 13th ANNUAL QUARTER MARATHON (sponsored by Dr. Mike Helms, DPM)

#### » Location

The race will start and finish at **Northview Church**, 12900 Hazel Dell Parkway, Carmel, IN 46033.

	No	orthview Chu	urch
N 1.	Main Street	(131 <sup>st</sup> )	T
IN.	126th	Gray	Haz
Key	116th	Rd.	Hazel Del
Keystone	96th		≌
ē.	I-465		

Both USATF certified courses enjoy winding rural roads and quiet suburban neighborhoods. See samcosta.com for online registration, course maps, updates, and results.

### » Registration

- Early Registration ends 12/31/2017
- Regular Registration ends 3/14/2018
- Late Registration ends 3/19/2018
- On-Site Race Day Registration 7am to 8:45am unless the race fields are full.

Use a separate application form for each registrant. Indicate race, shirt size, and any additional apparel in the table below.

Continued for 2018! Optional artistically crafted half marathon finishing medal with the Costa detective logo – order below Continued for 2018! Gender-specific race shirts

	Indy	Non-		Non-						XXL	
Frature Food	Runner	Member	IR Member	Member	XS	Sm	Med	Lg	XL	(add \$3)	Totals
Entry Fees	Price	Price	☑ membership status ☑ size in boxes below						\$		
Half Marathon Early Registration (rec'd by 12/31/2017):	\$35	ċ40									
Fee includes 1 short sleeve technical race shirt	۶۵۵	\$40									\$
Half Marathon Regular Registration (rec'd by 3/14/2018):	\$40	ĊAE									
Fee Includes 1 short sleeve technical race shirt		\$45									\$
Half Marathon Late Registration (rec'd 3/15 to 3/19/2018):		ćrr									
Shirt not guaranteed available on race day	Ş:	\$55									\$
Quarter Marathon Early Registration (rec'd by 12/31/2017):	ćar	\$25 \$30									
Fee includes 1 short sleeve technical race shirt	\$25										\$
Quarter Marathon Regular Registration (rec'd by 3/14/2018):	\$30	\$35									
Fee includes 1 short sleeve technical race shirt	\$30	<b>\$3</b> 5									\$
Quarter Marathon Late Registration (rec'd 3/15 to 3/19/2018): Shirt not guaranteed available on race day		15									
		+3									\$
Extra Apparel (available for registrations received by 3/14/2	018 only)				Ind	icate siz	e and o	itv in	boxes	below.	
Sam Costa Sweatshirt - Half		18									\$
Additional Short sleeve technical race shirt - Half	\$:	\$13									\$
Additional Short sleeve technical race shirt - Quarter	\$13										\$
Sam Costa Baseball Cap - Half	\$14		One size fits all. Indicate cap quantity:							\$	
Sam Costa Knit Hat - Half	\$12		One size fits all. Indicate hat quantity:							\$	
Half Marathon Finishing Medal (rec'd by 3/14/2018)		12					•	\$			
Half Marathon Finishing Medal (rec'd between 3/15 and 3/19)	non Finishing Medal (rec'd between 3/15 and 3/19) \$15		Includes \$3	shipping							\$

#### Check-in & Awards

Check-in (or register) between 7 a.m. and 8:45 a.m. on race day. The Half Marathon begins at 9 a.m., the Quarter Marathon at 9:10 a.m.

For both races, awards are given to the top 3 overall males and females in the Open and Masters divisions. Age group awards will be distributed in <a href="mailto:approximate">approximate</a> proportion to the number of registrants by 3/14/2018. 5-year age groups start at 19 & under and go to 75 & over.

Half Marathon Time Limit: 3 hours (13:45 min/mile pace)
For those not wishing to maintain this pace or faster for the entire Half Marathon, we request you compete in the Quarter Marathon.

Name	
Address	
City	StateZip
D.O.B	SexPhone
E-mail	

## **Grand Total:** WAIVER, RELEASE, AND CONSENT

I know that running, walking and otherwise participating in Indy Runners, Inc. club races, such as the Sam Costa Half/Quarter Marathon and associated activities, are potentially hazardous activities and may result in accidents, serious injuries or property damage. I am medically able and properly trained for the Sam Costa Half/Quarter Marathon and other such activities. I assume all risks associated with running, walking and otherwise participating in the Sam Costa Half/Quarter Marathon, including but not limited to, falls, contact with other participants, the effects of weather, including but not limited to, heat, humidity, rain and/or lightning, conditions of the road and traffic on the course, including but not limited to, icy and slick roads and sidewalks, automobiles, bicycles and other vehicles. I agree to independently consult with my physician in the event of any injuries or medical questions arising from my participation in the Sam Costa Half/Quarter Marathon and I am responsible for my own medical expenses. In consideration of the acceptance of my application, I waive, release, and hold harmless Indy Runners, Inc. and all of its officers, directors, members, volunteers and sponsors, the Road Runners Club of America, Northview Church, City of Carmel, the City of Nolesville, the County of Hamilton, the State of Indiana, the successors of each organization and the heirs, assigns and personal representatives of each individual and his or her estate; from all claims of any kind for liabilities of any kind arising from my participation in these activities, even though that liability may arise out of negligence or carelessness on the part of persons named in this waiver. I consent and grant my permission to Indy Runners, Inc. to use, without compensation, my image or likeness in print and digital media which promotes the club. I understand and agree that this Waiver, Release, and Consent is binding upon my heirs, assigns, and legal representatives.

Signature _		
_	Parent or Guardian if under 18	

### » Mailing Info

Entry fee must accompany entry form. Make checks payable to Indy Runners & mail to:

Indy Runners c/o 5808 Princeton Place Kokomo, IN 46902-5248