



Present
The Tradition and Quality of Indiana's Oldest Road Race !!!



THE 48th ANNUAL SAM COSTA HALF MARATHON



and
12th ANNUAL QUARTER MARATHON
(sponsored by Mike Helms, DPM)

**Saturday
March 25th, 2017**

9am Race Start

Northview Church
Carmel, Indiana

samcosta.com

» Location

The race will start and finish at Northview Church. The church is located on Main Street (131st Street), 2 miles east of Keystone at the Hazel Dell Parkway/Main Street intersection.



COURSE..... Both race distances are certified by the USATF. Enjoy winding rural roads & quiet suburban neighborhoods. For course maps, news, updates, and results go to samcosta.com.

» Registration and Apparel

Continued for 2017! Artistically crafted half marathon finishing medal featuring the Costa detective logo – order below.

Continued for 2017! Race shirts will be gender specific
Early Registration ends on 12/31/2016.

Regular Registration ends on 3/15/2017.

Late Registration ends on 3/20/2017.

Race Day Registration will be available at the church from 7am to 8:45am unless the race fields are full.

Apparel: All Half and Quarter Marathon registrants will receive a short sleeve "Technical" race shirt. Extra apparel ordered below will be in addition to the race shirt.

Application: Please use a separate application for each registrant. Indicate race, shirt size, and any additional apparel in the chart below.

Entry fees and apparel options	Indy Runner Price	Non-Member Price	IR Member	Non-Member	XS	Sm	Med	Lg	XL	XXL (add \$3)	Totals
			"v" membership status		"v" size in boxes below.						
Half Marathon Early Registration (rec'd by 12/31/2016): Entry fee includes technical race shirt	\$35	\$40									
Half Marathon Regular Registration (rec'd by 3/15/2017): Entry fee includes technical race shirt	\$40	\$45									
Half Marathon Late Registration (rec'd 3/16 to 3/20/2017): Shirt not guaranteed available on race day	\$55										
Quarter Marathon Early Registration (rec'd by 12/31/2016): Entry fee includes technical race shirt	\$25	\$30									
Quarter Marathon Regular Registration (rec'd by 3/15/2017): Entry fee includes technical race shirt	\$30	\$35									
Quarter Marathon Late Registration (rec'd 3/16 to 3/20/2017): Shirt not guaranteed available on race day	\$45										
Extra Apparel (available for registrations received by 3/15/2017 only):			Indicate size and qty in boxes below.								
Technical race shirt - Half	\$13										
Sweatshirt - Half	\$18										
Technical race shirt - Quarter	\$13										
Baseball Cap - Half	\$14		One size fits all. Indicate cap quantity:								
Knit Hat - Half	\$12		One size fits all. Indicate hat quantity:								
Half Marathon Finishing Medal (rec'd by 3/15/2017):	\$12										
Half Marathon Finishing Medal (rec'd between 3/16 and 3/20):	\$15		Price includes \$3 shipping cost.								
Grand Total											

Check-in & Awards

All runners should check in (or register) between 7 a.m. and 8:45 a.m. on race day. The Half Marathon begins at 9 a.m., the Quarter Marathon at 9:10 a.m.

For the **Half & Quarter Marathon** awards are given to the top 3 overall in the Open and Masters divisions. Age group awards will be distributed in approximate proportion to the number of registrants by **3/15/2017**. 5-year age groups start at **19 & under** and go to **75 & over**.

TIME LIMIT FOR HALF MARATHON RACE COMPLETION

There is a **3 hour time limit** for completion of the "Costa". This equates to a 13:45 min/mile pace. For those not wishing to maintain this pace, or faster, for the entire Half Marathon, we request you compete in the Quarter Marathon instead.

Name _____

Address _____

City _____ State _____ Zip _____

D.O.B. _____ Sex _____ Phone _____

E-mail _____

WAIVER, RELEASE, AND CONSENT

I know that running, walking and otherwise participating in Indy Runners, Inc. club races, such as the Sam Costa Half/Quarter Marathon and associated activities, are potentially hazardous activities and may result in accidents, serious injuries or property damage. I am medically able and properly trained for the Sam Costa Half/Quarter Marathon and other such activities. I assume all risks associated with running, walking and otherwise participating in the Sam Costa Half/Quarter Marathon, including but not limited to, falls, contact with other participants, the effects of weather, including but not limited to, heat, humidity, rain and/or lightning, conditions of the road and traffic on the course, including but not limited to, icy and slick roads and sidewalks, automobiles, bicycles and other vehicles. I agree to independently consult with my physician in the event of any injuries or medical questions arising from my participation in the Sam Costa Half/Quarter Marathon and I am responsible for my own medical expenses. **In consideration of the acceptance of my application, I waive, release, and hold harmless Indy Runners, Inc. and all of its officers, directors, members, volunteers and sponsors, the Road Runners Club of America, Northview Church, City of Carmel, the City of Noblesville, the County of Hamilton, the State of Indiana, the successors of each organization and the heirs, assigns and personal representatives of each individual and his or her estate; from all claims of any kind for liabilities of any kind arising from my participation in these activities, even though that liability may arise out of negligence or carelessness on the part of persons named in this waiver.** I consent and grant my permission to Indy Runners, Inc. to use, without compensation, my image or likeness in print and digital media which promotes the club. I understand and agree that this Waiver, Release, and Consent is binding upon my heirs, assigns, and legal representatives.

Signature _____
Parent or Guardian if under 18

» Mailing Info

Entry fee must accompany entry form. Make checks payable to Indy Runners & mail to :

**Indy Runners c/o 5808 Princeton Place
Kokomo, IN 46902-5248**